

Spanish & Sip

5 Latin Recipes to Practice While You Cook

Hola Spanish in the Comox Valley

■ Language Meets Flavor

Learning Spanish is even more delicious when it happens in the kitchen. These 5 simple recipes help you pick up vocabulary while preparing authentic Latin dishes. Perfect for a solo cooking night or a Spanish & Sip event with friends.

Guacamole

Learn verbs like 'mezclar' (mix) and nouns like 'aguacate' (avocado).

Churros

Talk through sweet ingredients and practice giving instructions.

Empanadas

Use verbs like 'rellenar' (fill) and 'hornear' (bake).

Agua Fresca

Practice fruit names and refreshing vocabulary like 'limón', 'fresa', 'hielo'.

Salsa Roja

Cook up phrases with 'tomate', 'picar' (chop), and 'ajo' (garlic).

■ Pro Tip

Play Latin music while you cook. Try to name what you're doing in Spanish: 'Estoy cortando el ajo' — I'm cutting the garlic!

■ Want to join a Spanish & Sip night in person?

Join us at Hola Spanish in the Comox Valley for cooking nights, language fun, and delicious community learning!

■ Book now at [**loligorriti@gmail.com**](mailto:loligorriti@gmail.com)